



## **00Food and Spirit Guidelines for Coaches/Team Parents**

### **Pre- and Post-Game Meals (\$14/player)**

- A budget of up to \$14 per participant has been allocated for pre- and post-game meals to provide balanced and nutritious food options that support optimal performance and recovery.

### **Snacks/Nutrition During Competition (\$3-\$4/player)**

- A range of \$3-\$4 per player has been budgeted to offer nutritious snacks and beverages to maintain energy levels and hydration during and/or after competitions.

### **End of Season Event (\$20/player)**

- Plan an end-of-season event with a budget of up to \$20 per player to celebrate the team's achievements and provide a special, enjoyable and consistent experience for all teams. If a meal is provided at the event, parents, siblings and other guests will have the option to purchase tickets (Hometown Ticketing, ~\$15) to cover the cost of their meals.

### **Locker/Team Spirit (\$4-5/player/season)**

- For team spirit (e.g. school locker magnets) promoting camaraderie and boosting team morale.

### **Team/Senior Banners**

- Team Banners - Vary by team size
- Individual Senior Banners

### **Guidelines:**

#### **1. Sales Tax Exemption Certificate:**

- a. Regents School of Austin is exempt from paying state and local sales tax; therefore, team parents are responsible for using the **TX Sales Tax Exemption Certificate** when making purchases on behalf of the team. Funds spent on sales tax are not reimbursable.
- b. If a vendor refuses to exclude sales tax (e.g. Buc-ee's) please include a clear explanation on your **[Athletics Reimbursement & Receipt Submission form](#)**.

#### **2. Non-Transferable Funds:**

- a. Unspent funds in the categories above can not be "rolled over" to another line item. For example, budgeted but unspent funds from pre- and post-game meals may not be used to increase the budget for the End of Season Event or any other category. Each line item's budget should be treated independently.

By adhering to these guidelines, we can ensure that our players are provided appropriate and adequate food options during their events that fit within the overall stewardship of funds collected from player participation fees for all team expenses. Thank you for your cooperation and commitment to the well-being of our players.